

Assessment sheet for: PE

Class: Year 2

| Unit  |  |   |  |
|---|--|---|--|
| <b>Aut 1</b><br><b>Unit title:</b><br>Dance                 | <u><b>National Curriculum coverage</b></u> <ul style="list-style-type: none"> <li>▪ master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</li> <li>▪ participate in team games, developing simple tactics for attacking and defending</li> <li>▪ perform dances using simple movement patterns.</li> </ul> | <u><b>Key physical skills</b></u> <ul style="list-style-type: none"> <li>• To explore different levels and speeds of movement.</li> <li>• To compose and perform simple dance phrases.</li> <li>• To show contrasts in simple dances with good body shape and position.                             <ul style="list-style-type: none"> <li>• To develop a range of dance movements and improve timing.</li> </ul> </li> <li>• To work to music, creating movements that show rhythm and control.</li> <li>• To work to music, creating movements that show rhythm and control.</li> </ul> |  |
| <b>Aut 2</b><br><b>Unit title:</b><br>Gymnastics            | <u><b>National Curriculum coverage</b></u> <ul style="list-style-type: none"> <li>▪ master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</li> <li>▪ participate in team games, developing simple tactics for attacking and defending</li> <li>▪ perform dances using simple movement patterns.</li> </ul> | <u><b>Key physical skills</b></u> <ul style="list-style-type: none"> <li>• To remember and repeat simple gymnastic actions with control.</li> <li>• To balance on isolated parts of the body using the floor and hold balance.</li> <li>• To develop a range of gymnastic moves, particularly balancing.</li> <li>• To link together a number of gymnastic actions into a sequence.</li> <li>• To explore ways of travelling around on large apparatus.</li> <li>• To choose and use a variety of gymnastic actions to make a sequence.</li> </ul>  |  |
| <b>Spr 1</b><br><b>Unit title:</b><br>Net and Wall Games    | <u><b>National Curriculum coverage</b></u> <ul style="list-style-type: none"> <li>▪ master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</li> <li>▪ participate in team games, developing simple tactics for attacking and defending</li> <li>▪ perform dances using simple movement patterns.</li> </ul> | <u><b>Key physical skills</b></u> <ul style="list-style-type: none"> <li>• To position the body to strike a ball.</li> <li>• To use hand-eye co- ordination to control a ball.</li> <li>• To use ball skills in a mini festival.</li> <li>• To play a game fairly and in a sporting manner.</li> </ul>  |  |
| <b>Spr 2</b><br><b>Unit title:</b><br>Invasion Games        | <u><b>National Curriculum coverage</b></u> <ul style="list-style-type: none"> <li>▪ master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</li> <li>▪ participate in team games, developing simple tactics for attacking and defending</li> <li>▪ perform dances using simple movement patterns.</li> </ul> | <u><b>Key physical skills</b></u> <ul style="list-style-type: none"> <li>• To use hand-eye co- ordination to control a ball.</li> <li>• To catch a variety of objects.</li> <li>• To vary types of throw.</li> <li>• To kick and move with a ball.</li> <li>• To develop catching and dribbling skills.</li> <li>• To use ball skills in a mini festival.</li> </ul>  |  |
| <b>Sum 1</b><br><b>Unit title:</b><br>Athletics             | <u><b>National Curriculum coverage</b></u> <ul style="list-style-type: none"> <li>▪ master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</li> <li>▪ participate in team games, developing simple tactics for attacking and defending</li> <li>▪ perform dances using simple movement patterns.</li> </ul> | <u><b>Key physical skills</b></u> <ul style="list-style-type: none"> <li>• To run with agility and confidence.</li> <li>• To learn the best jumping techniques for distance.</li> <li>• To throw different objects in a variety of ways.</li> <li>• To hurdle an obstacle and maintain effective running style.                             <ul style="list-style-type: none"> <li>• To run for distance.</li> </ul> </li> <li>• To complete an obstacle course with control and agility.</li> </ul>  |  |
| <b>Sum 2</b><br><b>Unit title:</b><br>Striking and Fielding | <u><b>National Curriculum coverage</b></u> <ul style="list-style-type: none"> <li>▪ master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</li> <li>▪ participate in team games, developing simple tactics for attacking and defending</li> <li>▪ perform dances using simple movement patterns.</li> </ul> | <u><b>Key physical skills</b></u> <ul style="list-style-type: none"> <li>• To learn skills for playing striking and fielding games.</li> <li>• To position the body to strike a ball.</li> <li>• To develop catching skills.</li> <li>• To throw a ball for distance.</li> <li>• To practise throwing skills in a circuit.</li> <li>• To play a game fairly and in a sporting manner.</li> <li>• To use fielding skills to play a game.</li> </ul>  |  |